

KIA MANAWANUI TE WAIPOUNAMU

Whānau Ora | Community Connectors



MANAAKI MAI,
MANAAKI ATU

#Protect Our
Whakapapa



WHĀNAU ORA COMMUNITY CONNECTORS are here to ensure the diverse needs of individuals and whānau that are self-isolating can be met by making sure they have access to necessary services. Here's who to contact for support.

Entity	Contact person	Phone contact	Email contact	Address & Location
Koha Kai	Janice Lee	021-082-05422	janicel.kohakai@gmail.com	309 Dee Street Invercargill
Whānau Whanake	Cate Grace	027-532-7248	cate@whanauwhanake.org	21 McBeath Ave Christchurch
Hei Whakapiki Mauri	Ruth Jones	027-440-8573	ruth@kanohikitekanohi.org	7 Blair Ave Christchurch
Te Kāika – outreach (Ōamaru and Tahuna)	Albie Lawrence	022-189-4532	albie@ohl.nz	25 College Street Dunedin
Ngā Kete Mātauranga Pounamu	Tracey Wright Tawha	027-510-6527	Tracey.wright-tawha@kaitahu. maori.nz	92 Spey Street Invercargill
Te Hā o Kawatiri	Rehia McDonald	021-028-63484	rehia.mcdonald@teha.nz	119 Palmerston St Westport
He Waka Tapu (Waitaha)	Jackie Burrows	027-510-6527	jackie@hewakatapu.org.nz	161 Pages Road Wainoni Christchurch East
Ngā Hau e Whā (Waitaha)	Norm Dewes	021-281-7749	Norm.dewes@maatawaka.org.nz	250 Pages Road Wainoni Christchurch East
Te Whare Hauora	Jynine Berryman	027-590-6933	kaiwhakahaere@tewharehauora. com	Christchurch
Te Āwhina Marae	Joy Shorrock	021 082 36359	tumuaki@tam.org.nz	133 Pah Street Motueka

Make a Plan

Decide what happens if someone in your whare gets māuiui/sick

Set the Tikanga

Decide what the tikanga is for your whare so everyone is clear

Prepare Your Whānau

Make sure all the whānau are on board & understand the plan

Prepare Your Whare

Think about how to set up your whare to minimise the spread

Prepare Your Pātaka

Make sure your pātaka has plenty of kai in case you need to isolate