## **"BRO, I'M THIS CLOSE TO GOING BACK AND SMASHING HER"**

## 0800 HEYBRO (439 276)

We all get angry, but is anger hurting your whānau? If you feel like you're on the edge, give us a call. We are here to support and listen 24/7.

For more info go to hewakatapu.org.nz/services/0800-hey-bro

