

February Timetable

		Wed	Thurs	Fri	Sat
Mon	Tues	1	2	3	4
			Closed Private Group 1:30–2:30 ^{pm}		Mere–Ana Brennan Session 7:30–8:30 ^{am}
6 GYM CLOSED WAITANGI DAY	7 Mobility/Flexibility Session 1:30–2:00 ^{pm}	8 Cardio & Weights Session 1:30–2:00 ^{pm}	9 HWT Hauora Assesments 1:00–3:00 ^{pm} Closed Private Group 1:30–2:30 ^{pm}	10 Mobility/Flexibility Session 1:30–2:00 ^{pm}	11 Mere–Ana Brennan Session 7:30–8:30 ^{am}
13 Cardio & Weights Session 1:30–2:00 ^{pm}	14 GYM CLOSED IN THE MORNING Re-opening 2:00 ^{pm} – 4:30 ^{PM}	15 HWT Smoking Cessation 10:00–12:00 ^{pm} Cardio & Weights 1:30–2:00 ^{pm}	16 Closed Private Group 1:30–2:30 ^{pm}	17 Mobility/Flexibility Session 1:30–2:00 ^{pm}	18 Mere–Ana Brennan Session 7:30–8:30 ^{am}
20 Cardio & Weights Session 1:30–2:00 ^{pm}	21 Mobility/Flexibility Session 1:30–2:00 ^{pm}	22 Cardio & Weights Session 1:30–2:00 ^{pm}	23 HWT Hauora Assesments 1:00–3:00 ^{pm} Closed Private Group 1:30–2:30 ^{pm}	Mobility/Flexibility Session 1:30–2:00 ^{pm}	25 Mere–Ana Brennan Session 7:30–8:30 ^{am}
27 Cardio & Weights Session 1:30–2:00 ^{pm}	28 Mobility/Flexibility Session 1:30–2:00 ^{pm}				

Finana