

HWT

Whānau intervention

ME MAHI TAHI TĀTOU
MŌ TE ORANGA Ō TE
WHĀNAU

WORKING TOGETHER
FOR THE WELL-BEING
OF FAMILY



CONTACT US

161 Pages Road, Aranui
Christchurch 8061

PO Box 15037, Aranui
Christchurch

Fax: 03 381 3207

0800HEWAKA (439252)

www.hewakatapu.org.nz



like us on facebook

HWT

Whānau Intervention

OUR SERVICES

KIA ORA NAU MAI HAERE MAI

We tautoko whānau who are interested in their health and well-being.

Below is a short description of the services we offer, if you would like further information please contact us on [0800 HE WAKA \(43 9252\)](tel:0800HEWAKA)

All Referrals can be made at www.hewakatapu.org.nz/referrals or download the print option and email to reception@hewakatapu.org.nz

NGĀ MIHI HE WAKA TAPU

NGĀ ARA TIKA

Wāhine will work with a whānau worker in a group setting to address issues around anger management, but also focus on building your confidence and self-esteem. You will also learn healthy ways to communicate in relationships.

WHĀNAU TAUTOKO

A parenting group for all parents with tamariki aged from 0 to 16 years

WHĀNAU INTENSIVE MAHI

A whānau worker will work with you to address the stresses in your whānau private life.

WHĀNAU NAVIGATORS

Kaimahi will support you and your whanau towards reaching aspirations important to you. Our navigator's live in Timaru and Ashburton making support accessible to whānau within those areas.

TE TAI TAURA (DV/FV)

An employee support programme. A service that provides assessments, brief intervention around AOD & DV/FV, please contact beatrice@hewakatapu.org.nz for more information.

HE TOKI KI TE RIKA

A dedicated kaimahi will work closely with students to make sure goals are achieved and their well-being is supported.

TE PĀ TUWATAWATA

12 sessions based around strengthening Tāne in their Hinengaro, Wairua, Tinana and Whānau. This involves group education sessions which uses the Whaiora Online website where whaiora are invited to share their thoughts feelings and actions around important topics that give understanding around thinking and behaviours. Waka Ama, Mau Rākau, MMA and bread making are just some of the activities on offer to strengthen key areas of well-being and understanding.

RIAKA

A 26 session court directed programme for Tāne aged 18 years and over. A focus on stopping violence and abuse against others..

TE WHĀRIKI WHAKAMANA

A group programme for Māori men aged 18 years and over. The focus of the programme is on stopping violence and abuse against others in their relationships.